

**Worksheet 17.15
Selecting Legumes**

Refer to table 17.20

Number of pounds of legumes for family for one year: _____

Beans

Bean Variety	Pounds	Servings per Pound	Number of Servings
1			
2			
3			
4			
5			
6			
7			
8			
Total		Total	

Split Peas and Lentils

Split Peas or Lentil	Pounds	Servings per Pound	Number of Servings
1			
2			
3			
Total		Total	